

EFFINGHAM MARTIAL ARTS

Program	Class	Monday	Tuesday	Wednesday	Thursday	Friday
Lil' Ninjas Ages 2-5	Beginner (White-Orange)	3:00-3:30 3:30-4:00	4:00-4:30	3:00-3:30		
	Advanced		3:00-3:30 3:30-4:00	3:30-4:00		
Junior Karate	White	4:10-4:55		4:10-4:55 5:10-5:55		4:40-5:25
Junior Karate	Yellow/Purple	5:10-6:00		6:10-7:00		
	Orange/Blue		5:10-6:00			5:30-6:15
	Green/Red		6:10-7:00			6:20-7:05
	Black Belt Club					7:10-7:55
	Fight Class					8:00-8:30
Forms	All Ranks	6:10-7:00				
Black Belts	Black belts		7:00-8:30			
Adult Karate	All Ranks	7:10-8:00		7:10-8:00		

Phone: (912) 225-4972

5835 GA-21, Rincon, GA 31326

Web: www.EffinghamMartialArts.com

Email: hello@effinghammartialarts.com

